## **Learning Outcomes - Class 5**

## LEARNING OUTCOME PROTOCOL

## ST. COLUMBA'S (MIDDLE SECTION)

Grade Specific and Subject Specific Learning Outcomes are framed, for the entire academic year. The same is disseminated to the stakeholders through the school website, in addition to hard copies being given. While framing Learning Outcomes, the focus is always on core competencies that the child will develop while undertaking the said course. The attempt is to integrate different levels of thinking skills within a set of Learning Outcomes. The stress is on framing Learning Outcomes that are SMART- Specific, Measureable, Achievable, Realistic and Time bound.

The annual Learning Outcomes are further broken down into monthly documents, disseminated amongst teachers with grade, subject, and topic references.

Teachers then write Weekly Lesson Plans, where Learning Outcomes Specific to the chapter being taught are penned down. This not only is a grade specific and subject specific exercise but, here the individual texture of each class takes centre stage, with the teacher aiming to incorporate multiple intelligence levels and aiming for an inclusive class. The topics to be taught in the upcoming week are the focal point at this stage.

Finally, before the commencement of each class, the learning outcomes are clearly spelt out to the students by each teacher. While in the on-site classes, this was done using the boards, in the current online scenario, this is done using slides in PPTs.

| English | Month | Chapter  | Learning Outcomes  |
|---------|-------|--|--|
|         |       |  | The learners will be able to:  |
|         | April | 1. Why Evergreen trees never lose their leaves (prose) | <ul> <li>make inferences based on the comprehension of the text</li> <li>apply the understanding of the story to answer the questions</li> <li>identify the speaker and apply comprehension skills.</li> <li>interpret, evaluate and analyse the situations occurring in the lesson to answer in grammatically correct sentences.</li> </ul> |
|         |       | 2.The Sentence   | <ul> <li>define a sentence.</li> <li>differentiate between the four different types of sentences .</li> <li>learn how to create correct sentences by focussing on correct sentence structure.</li> </ul>   |

|     | 3. Be a friend (poem)   | <ul> <li>enjoy and appreciate the poem</li> <li>comprehend the content of the poem</li> <li>make inferences based on the comprehension of the poem.</li> <li>apply the understanding of the poem to answer the questions.</li> </ul>  |
|-----|---|---|
| May | 1.Nouns (revision of common, proper , collective)             | <ul> <li>define and provide examples of nouns.</li> <li>identify the different types of nouns in a sentence</li> <li>recognize the difference between common,proper and collective nouns.</li> <li>appreciate the use of common, proper and collective nouns in our daily life.</li> </ul>  |
|     | 2.Abstract nouns, countable and Uncountable nouns, Possession | <ul> <li>explain the function of an abstract noun</li> <li>identify different abstract nouns in a sentence</li> <li>identify countable and uncountable nouns</li> <li>use the correct articles, determiners, and quantifiers with countable/uncountable nouns.</li> <li>identify possessive nouns</li> <li>write possessive nouns using apostrophes in the appropriate places</li> <li>create sentences using possessive nouns</li> </ul> |
|     | 3.Rikki- Tikki and<br>Nag (prose)                             | <ul> <li>read and comprehend the story</li> <li>summarise the story in your own words</li> <li>acquire new vocabulary</li> <li>analyse the elements plot in the story</li> </ul>  |
|     | 4.Verbs (revision of kinds of verbs)                          | define and identify different types<br>of verbs   |

|        |   | <ul> <li>demonstrate correct usage of verbs</li> <li>identify and use doing, being and possessing verbs</li> </ul>  |
|--------|---|---|
|        | 5.Phrasal verbs, irregular verbs          | list the key characteristics of   |
|        | mogular vorse                             | phrasal verbs   |
|        |   | identify irregular verbs  |
|        |   | <ul> <li>demonstrate understanding of verb tense</li> </ul>   |
|        | 6. Incomplete verbs/complement s          | <ul> <li>identify verbs of incomplete predication</li> <li>recognise whether the complement of a verb is a noun, pronoun, adverb or an adjective</li> </ul>   |
| July   | 1.Tenses (Simple<br>Tense)                | discover that verbs change forms depending on their relationship to time.   |
|        |   | recognise the past, present and future tenses of regular and irregular verbs  |
|        |   | form and use simple past, present and future tense .  |
|        | 2. The Tale of<br>Peter Rabbit<br>(prose) | <ul> <li>understand a picture story</li> <li>be sensitised to the values of obedience and respect for elders</li> <li>express personal views coherently and confidently</li> </ul>  |
| August | 1.Tartary (poem)                          | <ul> <li>understand a poem</li> <li>enhance the literary appreciation of<br/>a poem through learning about<br/>imagery</li> <li>think creatively and express<br/>opinions on the given topic</li> </ul>   |
|        | 2. Paragraph<br>Writing                   | <ul> <li>write a well structured paragraph, effectively and creatively</li> <li>identify the different steps and important terms to remember in writing</li> <li>organized their collected thoughts or ideas into a well written paragraph</li> </ul> |

| Septe | mber Revision                      |  |
|-------|------------------------------------|--|
| Octob | er 1.A True<br>Satyagrahi (poem)   | <ul> <li>enjoy and appreciate the poem</li> <li>comprehend the content of the poem</li> <li>make inferences based on the comprehension of the poem.</li> <li>apply the understanding of the poem to answer the questions.</li> </ul>                               |
|       | 2.Tenses<br>(continuous<br>tenses) | <ul> <li>define present, past and future continuous tense</li> <li>recognize and use the present, past and future continuous tense</li> <li>illustrate with examples the use of three forms of continuous tense</li> </ul>   |
|       | 3. Articles                        | <ul> <li>state the definition of an article</li> <li>identify a definite and indefinite article</li> <li>choose the proper type of article for a given noun</li> <li>identify articles and use them correctly in a sentence</li> </ul>                             |
|       | 4. Subject-Verb<br>Agreement       | <ul> <li>state the rules of Subject – Verb Agreement</li> <li>construct their own sentences using correct Subject – Verb Agreement</li> <li>explain the rules for subject-verb agreement</li> <li>identify and correct errors in subject-verb agreement</li> </ul> |
| Noven | nber 1.Don't Give Up (poem)        | <ul> <li>enjoy and appreciate the poem</li> <li>comprehend the content of the poem</li> <li>make inferences based on the comprehension of the poem.</li> <li>apply the understanding of the poem to answer the questions.</li> </ul>                               |
|       | 2.Similes                          | <ul> <li>define simile</li> <li>compare and contrast the different<br/>types of similes</li> </ul>   |

|          |   | identify similes in a text   |
|----------|---|--|
|          | 3. Pronouns (Personal, Possessive and Emphasizing)                    | <ul> <li>state the definition of a pronoun</li> <li>recognize pronouns and distinguish them from other parts of speech</li> <li>distinguish between singular, plural, subject, and object pronouns</li> </ul>                    |
| December | 1.A Visit to<br>Kaziranga (prose)                                     | <ul> <li>read and comprehend the story</li> <li>summarise the story in your own words</li> <li>acquire new vocabulary</li> <li>analyse the elements plot in the story</li> </ul>   |
|          | 2.Adjectives ( Descriptive/ Quality, Quantity, Number, Demonstrative) | <ul> <li>correctly identify adjectives</li> <li>explain the purpose and types of adjectives</li> <li>create or select vivid adjectives to enhance their writing as they write and revise.</li> </ul>                             |
|          | 3.Degrees of Comparison   | <ul> <li>Use the positive, comparative and<br/>superlative degrees of regular and<br/>irregular adjectives</li> </ul>  |
|          | 4.The Second<br>Voyage (prose)  | <ul> <li>enjoy and appreciate a story in the fantasy/adventure genre</li> <li>learn new words by making anagrams</li> <li>speak imaginatively</li> <li>identify stressed syllables and practice correct pronunciation</li> </ul> |
| January  | 1.Adverbs<br>(Manner, Place,<br>Time, Frequency,<br>Degree)           | <ul> <li>develop a definition of the role/function of adverbs</li> <li>articulate that adverbs modify verbs by telling how something is done, when something is done, where something is done</li> </ul>                         |
|          | 2.Birbal's Wit<br>(play)  | <ul> <li>read and comprehend the play</li> <li>summarise the play in your own words</li> </ul>   |

|    |        |  | <ul> <li>acquire new vocabulary</li> <li>analyse the elements plot in the play</li> </ul>   |
|----|--------|--|---|
|    |        | 3. Prepositions                                    | <ul> <li>identify and define prepositions</li> <li>demonstrate correct usage of prepositions</li> <li>identify prepositions in text</li> <li>use the correct preposition in a sentence</li> </ul>         |
|    |        | 4. Conjunctions                                    | <ul> <li>define the term 'conjunction'</li> <li>explain the purpose of conjunctions</li> <li>recognize and use conjunctions correctly in sentences</li> <li>name the coordinating conjunctions</li> </ul> |
| Fe | bruary | Letter Writing     (Informal Letters)     Revision | <ul> <li>identify the elements of a letter</li> <li>apply the elements to compose a personal letter</li> </ul>  |

| Hindi | Month | Chapter                        | Learning Outcomes The learners will be able to:                         |
|-------|-------|--------------------------------|---|
|       | April | साहित्य: पाठ -<br>नन्हा फ़नकार | *कोई भी काम छोटा या बड़ा नहीं होता,<br>समझेंगे।                         |
|       |       | व्याकरण :<br>वर्णमाला          | * वर्णों को मिलाकर शब्द बनाना सीखेंगे।                                  |
|       |       | मात्राएँ                       | <ul> <li>हिंदी भाषा को शुद्ध रूप में लिखना</li> <li>सीखेंगे।</li> </ul> |

|      | अशुद्धि शोधन<br>गिनती (1-३०)<br>विलोम शब्द   | *हिंदी भाषा का शुद्ध उच्चारण और<br>वाचन कर पाएँगे।<br>* हिंदी अंकों को शब्दों में लिखना सीखेंगे<br>।<br>* छात्रों के शब्द भंडार में वृद्धि होगी।  |
|------|--|---|
| May  | साहित्य: पाठ -<br>ईदगाह  व्याकरण :  * संज्ञा  * अपठित गद्यांश  * लिंग  * चित्र - वर्णन | * जीवन में प्रेम और त्याग के महत्व को समझेंगे।  * किसी भी चीज को व्यर्थ नहीं गँवाना चाहिए और हमें पैसे सोच समझकर खर्च करने चाहिए, जानेंगे।  *संज्ञा शब्दों की पहचान कर पाएँगे।  * अपठित गद्यांश का अर्थ समझेंगे और प्रश्न के अनुसार उत्तर देने में सक्षम होंगे।  * छात्रों के शब्द भंडार में वृद्धि होगी।  *अभिव्यक्ति कौशल और लेखन कौशल का विकास होगा। |
| July | साहित्यः पाठ -<br>जहाँ चाह वहाँ राह  | *मेहनत और मजबूत इच्छाशक्ति हो तो<br>हम हर मुश्किल का सामना करते हुए<br>प्रगति की राह पर जा सकते हैं।  |

|           | कविता - खिलौने<br>वाला                             | * बुराई को खत्म कर अच्छाई के रास्ते पर<br>चलना सीखेंगे।  |
|-----------|--|--|
|           | व्याकरण :<br>* सर्वनाम                             | * सर्वनाम शब्दों की पहचान कर पाएँगे<br>और विभिन्न सर्वनाम शब्दों में अंतर<br>समझेंगे ।                     |
|           | * विराम चिह्न                                      | *भाषा में उचित विराम चिन्हों के प्रयोग के<br>महत्व को समझेंगे ।  |
|           |  |  |
| August    | साहित्य: पाठ -<br>राख की रस्सी                     | *कठिन परिस्थितियों में हमें बुद्धिमानी<br>और सूझबूझ से कार्य करना चाहिए,<br>समझेंगे।                       |
|           | व्याकरण :  |  |
|           | <ul><li>* सर्वनाम</li><li>*अपठित गद्यांश</li></ul> | * सर्वनाम शब्दों की पहचान कर पाएँगे<br>और विभिन्न सर्वनाम शब्दों में अंतर<br>समझेंगे ।                     |
|           | * अनुच्छेद लेखन                                    | <ul> <li>अपठित गद्यांश का अर्थ समझेंगे और</li> <li>प्रश्न के अनुसार उत्तर देने में सक्षम होंगे।</li> </ul> |
|           | * वचन  | *अभिव्यक्ति कौशल और लेखन कौशल का<br>विकास होगा।  |
|           |  | <ul> <li>छात्र एक और अनेक में अंतर कर</li> <li>पाएँगे।</li> </ul>  |
|           | साहित्यः स्वामी की<br>दादी                         | *कठिन शब्दों का ज्ञान होगा।  |
| September | व्याकरण :  | * मानवीय मूल्यों का विकास होगा।  |
|           | वर्ण विच्छेद                                       | *हर व्यंजन में 'अ' स्वर मिला होता है,  |

|               |            |                                 | जानेंगे।   |
|---------------|------------|---------------------------------|--|
|               |            |                                 | *शब्द के वर्णों को अलग - अलग करके<br>लिखना सीखेंगे।  |
|               | October    | व्याकरण :<br>* क्रिया<br>* काल  | * काम के करने या होने का बोध कराने<br>वाले शब्द क्रिया कहलाते हैं , जानेंगे ।<br>* काल का अर्थ है समय, समझेंगे।<br>* क्रिया के जिस रूप से काम के होने के<br>समय का बोध हो, काल कहते हैं जानेंगे। |
|               |            | * विशेषण                        | * विशेषण शब्दों की पहचान कर पाएँगे।  |
|               |            | *संवाद लेखन                     | * विशेषण शब्द संज्ञा, सर्वनाम, क्रिया तथा<br>अव्यय से बनते हैं , जानेंगे ।<br>* लेखन कौशल का विकास होगा।<br>* अपने भावों को अभिव्यक्त कर पाएँगे।   |
|               | November   | साहित्यः कविता-<br>गुरु और चेला | *विभिन्न देशों की मुद्राओं से अवगत होंगे।  |
|               |            | * पाठ- बिशन की<br>दिलेरी        | *मानवीय मूल्यों का विकास होगा जैसे-<br>त्याग, प्रेम, दूसरों की सहायता करना<br>आदि।   |
| · <del></del> | · <u> </u> | Page <b>9</b> o                 | of 30  |

|          | व्याकरण :        |  |
|----------|------------------|--|
|          |                  | * एक समान अर्थ वाले शब्द पर्यायवाची  |
|          | *पर्यायवाची शब्द | शब्द कहलाते हैं, जानेंगे।  |
|          | •भाकिन सहसांश    | • भाकिन गरमांश का भर्श ममरोंगे और  |
|          | *अपठित गद्यांश   | * अपठित गद्यांश का अर्थ समझेंगे और<br>प्रश्न के अनुसार उत्तर देने में सक्षम होंगे। |
|          |                  | A Singliff Still don on their their  |
| December |                  |  |
|          | साहित्य: पाठ-    | *पुराने जमाने की डाक व्यवस्था से   |
|          | चिट्ठी का सफर    | परिचित होंगे।  |
|          |                  |  |
|          |                  | * पुराने जमाने में कबूतर को संदेशवाहक  |
|          |                  | के रूप में प्रयोग किया जाता है था,जानेंगे।   |
|          | व्याकरण :        | <ul> <li>मुहावरे भाषा को प्रभावशाली सुंदर एवं</li> </ul>                           |
|          | च्याकरण .        | सशक्त बनाते हैं, समझेंगे।  |
|          | *मुहावरे         | with asim () with it   |
|          | 3.               | * मात्राओं का उचित प्रयोग करना सीखेंगे   |
|          | * मात्राएँ       |  |
|          |                  | * 'वाक्यांश के लिए एक शब्द' का प्रयोग  |
|          | * अनेक शब्दों के | भाषा को सुगठित और सुंदर बनाता है,  |
|          | लिए एक शब्द      | जानेंगे ।  |
|          |                  |  |
|          |                  |  |
|          |                  |  |
|          |                  |  |
|          |                  |  |
|          | साहित्य: पाठ -   | * हमें पानी बर्बाद नहीं करना चाहिए और  |
| January  | पानी रे पानी     | पानी का सदुपयोग करना चाहिए, समझेंगे।   |
|          |                  |  |
|          | व्याकरण :        |  |
|          | <br>  ∗लिंग      | * कार्नो के शहर भंदार में दरशि दोगी ।  |
|          | ≖ । (य ण         | * छात्रों के शब्द भंडार में वृद्धि होगी।   |
|          | * <b>वच</b> न    | * लिंग और वचन में अंतर कर पाएँगे।  |
|          |                  |  |
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| February | साहित्यः पाठ -<br>चुनौती हिमालय की                  | * रास्ते की कठिनाइयों का सामना करते<br>हुए हमें हिम्मत और साहस के साथ आगे<br>बढ़ना चाहिए, समझेंगे ।                                 |
|----------|---|---|
|          | व्याकरणः  * चित्र वर्णन  (समस्त कार्य की पुनरावृति) | <ul> <li>चित्र के अनुसार वाक्य लिखना सीखेंगे</li> <li>वाक्य रचना करना सीखेंगे और</li> <li>अभिव्यक्ति कौशल का विकास होगा।</li> </ul> |

| Maths | Month | Chapter                           | Learning Outcomes The learners will be able to:   |
|-------|-------|-----------------------------------|---|
|       | April | 1.Number<br>and<br>Numeratio<br>n | <ul> <li>The learner will be able to read and write numbers bigger than 1000.</li> <li>The learner can write the place value, face value of all digits in a number ( Indian system and International system)</li> <li>Learner can round a number to the nearest 10,100 and 1000.</li> </ul> |
|       |       | 2.Addition and subtraction        | <ul> <li>The learner will be able to apply operations of addition and subtraction number in daily life</li> <li>Learner can apply their knowledge of addition and subtraction in their day to day life.</li> </ul>  |
|       | May   | 3.                                | The learner can multiply and divide   |

|           | Multiplicati<br>on and |   | two digit numbers . The learner can list the properties of  |
|-----------|------------------------|---|---|
|           | division               |   | multiplication and division.                                |
|           | uivisioii              |   | The learner can use their knowledge in                      |
|           |                        |   | computing and solving word problems.                        |
|           |                        |   | computing and solving word problems.                        |
|           | 4.                     |   |   |
|           | Simplificati           |   |   |
|           | on                     | • | The learner can apply the BODMAS                            |
|           |                        |   | rule to solve a mathematical statement                      |
|           |                        |   | involving four operations.                                  |
| July      | 5. Lines               | • | The learner can construct a line , a ray,                   |
|           | and Angles             |   | a line segment of given length.                             |
|           |                        | • | The learner can measure a given angle ,                     |
|           |                        |   | he can construct an angle of given                          |
|           |                        |   | measure.  |
|           |                        | • | The learner can classify angles into 7                      |
|           |                        |   | different types based on their                              |
|           | 6.Multiples            |   | measurements.   |
|           | and factors            |   | The leaves on the distribility tests                        |
|           |                        | • | The learner can use the divisibility tests                  |
|           |                        |   | of 2,3,4,5,9,10 to calculate the                            |
|           |                        |   | divisibility of a number. The learner can prime factorise a |
|           |                        | _ | number by short division method.                            |
|           |                        |   | The learner can calculate the HCF and                       |
|           |                        |   | LCM of a given set of numbers.                              |
| August    | 7. Fractions           | • | The learner can classify fractions as                       |
|           |                        |   | proper, improper and mixed fractions.                       |
|           |                        | • | The learner can reduce a fraction to its                    |
|           |                        |   | lowest terms.   |
|           |                        | • | The learner can add and subtract unlike                     |
|           |                        |   | fractions.  |
|           |                        |   |   |
|           | 8. Patterns            |   | The learner can identify the                                |
|           |                        |   | patterns in numbers, shapes                                 |
|           |                        |   | and figures.  |
|           |                        |   | <ul> <li>They can complete a given pattern.</li> </ul>      |
|           | 9. Time                |   | pattern.  |
|           | 3. Time                | • | The learner can convert the given time                      |
|           |                        |   | to higer unitsof time and vice versa.                       |
|           |                        | • | The learner can add and subtract time.                      |
|           |                        | • | The learner can convert the time in 12                      |
|           |                        |   | hour clock to 24 hour clock and vice                        |
|           |                        |   | versa.  |
|           |                        | • | The learner can apply their knowledge                       |
|           |                        |   | to calculate the duration of events and                     |
|           |                        |   | solving word problems.                                      |
|           |                        |   |   |
| September | 10.Decimal numbers     | • | The learner can add and subtract decimal numbers.           |

|          |  | <ul> <li>The learner can multiply and divide a<br/>decimal number with a whole number.</li> </ul>  |
|----------|--|--|
|          |  | <ul> <li>The learner can convert a fraction to<br/>decimal and vice versa.</li> </ul>  |
| October  | 11 .<br>Average                        | The learner can calculate the average of a given set of numbers.   |
| November | 12. Metric measures.                   | <ul> <li>The learner can convert higher units of metric measures (length, volume and weight) to lower units and vice versa</li> <li>The learner can add and subtract metric measures.</li> </ul>   |
|          | 13.Triangle<br>s                       | <ul> <li>The learner can name and classify<br/>triangles based on their sides.</li> </ul>  |
| December | 14.Circles                             | <ul> <li>The learner can construct a circle of given radius or diameter.</li> <li>The learner can mark the centre, radius, chord, diameter and circumference of a circle.</li> </ul>   |
| January  | 15. Money                              | <ul> <li>The learner can add, subtract and multiply money.</li> <li>The learner can calculate the profit and loss using the cost price selling price of a commodity.</li> </ul>  |
|          | 16 .<br>Perimeter<br>,area,<br>volume  | <ul> <li>The learner can calculate the perimeter, area of a square and a rectangle.</li> <li>The learner can calculate the volume of a cube.</li> <li>The learner can apply the knowledge of area and perimeter in solving word problems.</li> </ul> |
| February | 17<br>.Pictorial<br>representa<br>tion | <ul> <li>The learner can collect data and represent it in a pictograph.</li> <li>The learner can derive conclusions on the data by learning a pictograph.</li> </ul>   |

| Science | Month | Chapter          | Learning Outcomes The learners will be able to:   |
|---------|-------|------------------|---|
|         | April | 1.Growing Plants | <ul> <li>Identify parts of a seed.</li> <li>Define terms like germination and seed dispersal.</li> <li>List the different ways of seed dispersal.</li> <li>Enumerate the different ways of growing plants.</li> </ul> |

| May    | 1. Animal world                                  | <ul> <li>Define terms like         environment and habitat.</li> <li>Classify animals according to         their eating habits, body         covering and locomotion.</li> <li>List the reasons for migration         in animals and birds.</li> </ul>   |
|--------|--|--|
|        | 1. Safety And<br>First Aid                       | <ul> <li>Apply safety rules when at home, in school and on the road.</li> <li>List the ways that can be followed to prevent fire.</li> <li>Enumerate the first aid given for different kinds of injuries.</li> <li>Recall the safety measures that should be taken to avoid accidents.</li> </ul>      |
| July   | 1. Bones And Muscles                             | <ul> <li>Define terms like skeleton, bone marrow, vertebrae and ligament.</li> <li>List the functions of the skeleton in the human body.</li> <li>Differentiate between Immovable and Movable joints.</li> <li>Understand the work of different kinds of muscles present in the human body.</li> </ul> |
|        | 2. Food,<br>Health<br>And<br>Hygiene             | <ul> <li>Define a balanced diet and understand its importance.</li> <li>List the essential nutrients and state their importance.</li> <li>Enumerate the other factors affecting our health.</li> </ul>   |
| August | 1. Food,<br>Health<br>And<br>Hygiene<br>(contd.) | <ul> <li>Differentiate between communicable and non-communicable diseases.</li> <li>Recall the ways to maintain good health and hygiene.</li> </ul>  |
|        | 2. Soil<br>Erosion<br>And                        | <ul> <li>Understand the importance of soil and soil conservation.</li> <li>Enumerate the uses of soil.</li> </ul>  |

| Ser | eptembe 1. | Conservati<br>on  Nervous System     | <ul> <li>Define soil erosion and soil conservation.</li> <li>List the different agents of soil erosion.</li> <li>Understand the methods adopted to check soil erosion.</li> <li>Define nervous system, sense organs and reflex action.</li> <li>Understand the working of the nervous system.</li> <li>List the different kinds of nerves in the body and their</li> </ul> |
|-----|------------|--------------------------------------|--|
| Oc  | ctober 1.  | Nervous<br>System<br>(contd.)        | function.  Comprehend the parts of the brain and their function.  Enumerate the five sense organs and their importance in our body.  |
|     | 2.         | Simple<br>Machines                   | <ul> <li>Define simple machines.</li> <li>List the various simple machines used in our daily lives.</li> <li>Classify these machines into lever, wedges, pulley and screw.</li> <li>List the importance of these machines in our daily lives.</li> </ul>   |
| No  | ovember 1. | Air And<br>Water                     | <ul> <li>Define terms like atmosphere, humidity, evaporation and respiration.</li> <li>Analyse the need of air, water and soil.</li> <li>Understand the layers of atmosphere and their function.</li> <li>List the properties of air.</li> <li>Enumerate ways to prevent air pollution.</li> <li>Differentiate between the various ways of purifying water.</li> </ul>     |
|     | 2.         | Volcanoes, Earthquak es And Tsunamis | <ul> <li>Identify the various natural disasters like an Earthquake, a Volcano and a Tsunami.</li> <li>Differentiate between active, dormant and extinct</li> </ul>   |

| December | The Moon     And     Eclipses      Rocks and     Minerals | volcanoes.  Understand the terms lava, magma, epicentre and seismograph.  List the effects of an Earthquake.  Recall the reasons for the Japan earthquake 2011.  Appreciate the reasons - scientific, cultural and technological to study the Tsunami.  Know about the moon's surface in detail.  Describe the different phases of the moon.  Define Eclipses - Lunar and Solar, Satellite.  Differentiate between lunar and solar eclipse.  Name the natural and artificial satellites.  Appreciate the various uses and functions of artificial satellites.  Classify rocks into Igneous, Sedimentary and Metamorphic rocks.  List the various igneous rocks |
|----------|---|--|
|          |   | <ul> <li>and their uses.</li> <li>Enumerate the sedimentary rocks and their sources.</li> <li>List the various metamorphic rocks and their uses.</li> <li>Appreciate the uses of rocks and minerals.</li> <li>Recognize coal and petroleum as fossil fuels.</li> <li>Understand the need to conserve natural resources.</li> </ul>   |
| February | Revision  |  |

| SS<br>T | Month | Chapter                  | Learning Outcomes The learners will be able to:  |
|---------|-------|--------------------------|--|
|         | April | 1. Continents and Oceans | <ul> <li>define landmass, Isthmus, peninsula and coral reef.</li> <li>list down the 7 continents and 5 oceans</li> </ul> |

|     |  | • state the features of all the continents and oceans.   |
|-----|--|--|
|     | 2.Globes and Maps  3. Longitudes and Latitudes | <ul> <li>Differentiate between a globe and a map.</li> <li>List the problems with the globe.</li> <li>Define the three types of maps.</li> <li>Explain how a scale helps in representing a place on a map.</li> <li>Write the importance of colours in a map.</li> </ul>           |
|     |  | <ul> <li>Define latitudes and longitudes.</li> <li>List the important latitudes with their degrees.</li> <li>Enumerate upon the important longitudes.</li> <li>Calculate the difference between two latitudes.</li> <li>Differentiate between latitudes and longitudes.</li> </ul> |
| May | 1. Rotation and Revolution                     | <ul> <li>Differentiate between the two movements of the earth.</li> <li>Explain the occurrence of day and night.</li> <li>Define leap year and give an example of a leap year.</li> <li>Explain how seasons are caused.</li> </ul>   |
|     | 2.Realms of the Earth                          | <ul> <li>define evaporation, condensation and precipitation.</li> <li>Describe different layers in the lithosphere.</li> <li>Enumerate the features of each realm of the earth.</li> <li>Explain the importance of the</li> </ul>  |

|           |                               | biosphere.   |
|-----------|-------------------------------|--|
| July      | 1. Climate zones of the earth | <ul> <li>define temperature, humidity and altitude.</li> <li>differentiate between weather and climate.</li> <li>enumerate upon the factors affecting weather and climate.</li> <li>explain sea and land breeze with the help of a diagram.</li> <li>define climate zone and list the three climate zones of the earth.</li> </ul> |
|           |                               | <ul> <li>explain the heat zones of the<br/>earth and their climate with the<br/>help of a diagram.</li> </ul>  |
|           | 2. Equatorial<br>Climate      | <ul> <li>define thunderstorm, diurnal<br/>range of temperature and<br/>canopy.</li> </ul>  |
|           |                               | <ul> <li>name the regions where<br/>equatorial forests are located.</li> </ul>   |
|           |                               | <ul> <li>list any five characteristics of<br/>equatorial climate.</li> </ul>   |
|           |                               | <ul> <li>describe in brief the flora and<br/>fauna of equatorial climate.</li> </ul>   |
| August    | Desert Climate                | <ul> <li>define erosion, sand dune, oases<br/>and nomad.</li> </ul>  |
|           |                               | <ul> <li>describe the vegetation of desert regions.</li> </ul>   |
|           |                               | <ul> <li>name the regions where deserts<br/>are located.</li> </ul>  |
|           |                               | <ul> <li>list any five characteristics of<br/>desert climate.</li> </ul>   |
|           |                               | <ul> <li>write about the way of living of<br/>desert people.</li> </ul>  |
| September | • Revision                    | define continental type of farming and extensive farming.  |

|          | Temperate Climate                   | <ul> <li>name any five temperate grasslands and animal species found in the temperate regions.</li> <li>describe the general features of temperate climate.</li> <li>list the important features of temperate vegetation.</li> </ul>  |
|----------|-------------------------------------|---|
| October  | 1. Frigid climate                   | <ul> <li>define iceberg,         camouflage,habitat, harpoon         and igloos.</li> <li>write the average temperatures         recorded in the Frigid zone.</li> <li>Recognize Antarctica as the         white continent</li> </ul> |
|          |                                     | <ul> <li>list the characteristics of flora and fauna of the frigid zone.</li> <li>appreciate the way of life of the inuit people.</li> </ul>  |
|          | 2. Important Acts by our Parliament | <ul> <li>define the terms constitution, amendment and exploitation.</li> <li>state the reasons for adding new laws and amendments to the constitution.</li> </ul>   |
|          |                                     | <ul> <li>appreciate the importance of RTE and RTI acts.</li> <li>label the three levels of panchayat.</li> <li>highlight the importance of domestic violence act.</li> </ul>  |
| November | First war of<br>Independence        | <ul> <li>define the terms diwani, cartridges, mutiny and exile.</li> <li>name the leaders of Revolt of 1857.</li> </ul>   |
|          |                                     | <ul> <li>list the consequences of the<br/>Anglo-French Wars.</li> <li>state the reason of british<br/>becoming the supreme power in</li> </ul>  |

|        |                              | India.  |
|--------|------------------------------|---|
|        |                              | <ul> <li>explain in brief the main cause<br/>of Revolt 1857.</li> </ul>                               |
| Decem  | hber The Freedom<br>Struggle | <ul> <li>list the incident that shaped<br/>Gandhi's thoughts in South<br/>Africa.</li> </ul>          |
|        |                              | mention three early satyagrahas launched by Mahatma Gandhi.   |
|        |                              | <ul> <li>explain the Jallianwallah Bagh massacre.</li> </ul>  |
|        |                              | <ul> <li>state the reasons for calling off<br/>the Non- cooperation<br/>movement.</li> </ul>          |
|        |                              | <ul> <li>explain the ideals of Mahatma<br/>Gandhi.</li> </ul>   |
|        |                              | differentiate between the moderates and radicals.   |
|        |                              | <ul> <li>describe all the incidents of dandi march.</li> </ul>  |
| Januar | The United Nations           | <ul> <li>Name the five permanent<br/>members of the Security Council<br/>of the UN.</li> </ul>        |
|        |                              | List the main objectives of the UN.   |
|        |                              | <ul> <li>describe the functioning of the<br/>General Assembly.</li> </ul>                             |
|        |                              | Highlight the role of some important agencies of the UN.  |
|        |                              | <ul> <li>enumerate the roles of the<br/>Security Council and ECOSOC.</li> </ul>                       |
|        |                              | <ul> <li>explain the working of the organs of the UN.</li> </ul>                                      |
|        |                              | <ul> <li>appreciate the international<br/>days adopted by the UN.</li> </ul>                          |
| Februa | Our Government  • Revision   | <ul> <li>Define the terms election and<br/>general election, democracy and<br/>government.</li> </ul> |
|        |                              | mention the three levels of the   |

| judicial hierarchy.  |
|--|
| <ul> <li>explain the three main organs of<br/>the government.</li> </ul>                                   |
| <ul> <li>state the duties of the<br/>government at the union and<br/>state level.</li> </ul>               |
| <ul> <li>gain awareness on the voting<br/>rights and learn about Universal<br/>adult franchise.</li> </ul> |
| appreciate the way courts<br>deliver justice in our country.   |

| Computer       | Month   | <u>Chapter</u>          | <u>Learning Outcomes</u>                              |
|----------------|---------|-------------------------|---|
| <u>Science</u> |         |                         | The learners will be able to:                         |
|                | April   | 1. Programmin           | Elucidate how computers follow instructions.          |
|                |         | g with                  | Explain the concept of Computer Program               |
|                |         | Scratch                 | Define an Algorithm and write them                    |
|                |         |                         | Create Scripts in Scratch by changing various sprites |
|                |         |                         | and backdrops.  |
|                | May     | 1. Programming          | Define Scratch  |
|                |         | with Scratch            | List the facts about Scratch                          |
|                |         |                         | Define the advantages of your Scratch                 |
|                |         |                         | Create Scripts in Scratch by changing the costumes.   |
|                | July    | 1. Programming          | Elaborate the various components of Scratch           |
|                |         | with Scratch            | Interface   |
|                |         |                         | Create Scripts in Scratch as directed.                |
|                |         |                         | Recapitulate the concepts taught in previous          |
|                |         |                         | classes.  |
|                | August  | 1. Understandi          | Define software                                       |
|                |         | ng the                  | Elaborate the types of Software                       |
|                |         | Software                | Describe an Operating System                          |
|                | Septemb | 1. Understandi          | List the features of an Operating System              |
|                | er      | ng the                  | State examples of an OS                               |
|                |         | Software                | Recall and implement the concepts taught in           |
|                |         | 2. Surfing the Internet | Scratch to create scripts.                            |
|                | October | 1. Surfing the          | Define Internet and its features                      |
|                |         | Internet                | Elaborate the uses of Internet( Surfing, E-Mail, E-   |
|                |         |                         | Commerce, E-learning, Video Conferencing, Net         |
|                |         |                         | Phone, Chatting, Social Networking)                   |
|                |         |                         | Create a basic presentation by applying themes        |
|                | Novemb  | 1. Surfing the          | Recall the concepts taught in earlier classes         |

| er           | Internet   | <ul> <li>Explain about the History of Internet</li> <li>Create a basic presentation by applying formatting features</li> </ul>  |
|--------------|--|---|
| Decembe<br>r | 1. Surfing the Internet  | <ul> <li>Describe WWW</li> <li>Elaborate the requirements to access the Internet</li> <li>Define the types of Broadband Connections</li> <li>Create a basic presentation by applying formatting features</li> </ul>   |
| January      | 1. More on PowerPoint  | <ul> <li>Define MS PowerPoint</li> <li>List the advantages of using MS PowerPoint</li> <li>Identify and Name the component of MS         PowerPoint Window     </li> <li>Enlist the three stages to create a presentation</li> <li>Create a basic presentation by inserting pictures</li> </ul> |
| February     | <ol> <li>More on         PowerPoint     </li> <li>Surfing the         Internet     </li> </ol> | Recapitulate the concepts taught in earlier classes   |

| Art | Month | Topic                    | Learning Outcomes The learners will be able to:   |
|-----|-------|--------------------------|---|
|     | April | 1.Object Drawing         | Learn handling of 2B and 6B pencils.  |
|     |       | (proportion and balance) | <ul> <li>Learn observation skills and eye-hand coordination.</li> </ul>   |
|     |       | 2.Pen Stand              | <ul> <li>Learn paper cutting, folding and pasting skills.</li> <li>Improve their fine motor skills.</li> </ul>  |
|     |       | 3.Paper Peacock          | <ul> <li>Learn paper cutting and folding skills.</li> <li>Learn line drawing of peacock.</li> <li>Develop visual sense of measurement and sense of proportion.</li> </ul> |
|     |       | 4.Dream Scenery          |   |
|     |       |                          | <ul> <li>Learn drawing and painting techniques.</li> <li>Create contrast on two dimensional surfaces.</li> <li>Learn the use of opaque colours.</li> </ul>                |
|     | May   | 1. Paper Ornaments       | <ul> <li>Learn paper folding, cutting and pasting skills.</li> <li>Develop assembling skills.</li> <li>Develop visual sense of measurement.</li> </ul>                    |

|   |           | 2. Madhubani<br>Painting                | <ul> <li>-Learn traditional painting skills.</li> <li>-Learn line drawing, use of bright and flat colours</li> <li>-Learn the specific motive of this painting.</li> </ul>   |
|---|-----------|---|--|
|   |           | 3. Paper Grasshopper                    | <ul> <li>Learn proper paper folding technique.</li> <li>Develop fine motor skills.</li> </ul>  |
| J | July      | 1.3D Paper Leaves                       | <ul> <li>Learn proper paper folding and cutting<br/>skills.</li> <li>Develop fine motor skills.</li> </ul>   |
|   |           | 2. Basic Tree Sketch                    | <ul> <li>Learn the basic structure of a tree.</li> <li>Learn to create thick and thin lines along with shading.</li> </ul>   |
|   |           | 3.Lion King Drawing                     | <ul> <li>Learn line drawing of a lion.</li> <li>Composing the landscape using oil pastels.</li> <li>Learn blending of pastel colours.</li> </ul>   |
|   |           | 4.Origami Turtle                        | <ul> <li>Learn proper paper folding technique.</li> <li>Develop fine motor skills.</li> </ul>  |
| 1 | August    | 1.Traditional Art Form (Warli Painting) | <ul> <li>Learn line drawing and geometrical forms.</li> <li>Understand the origin of this folk art.</li> </ul>   |
|   |           | 2.Flower Making with<br>Crepe Paper     | <ul> <li>Learn proper paper folding, cutting and pasting skills.</li> <li>Develop fine motor skills.</li> </ul>  |
| 3 | September | 1.Landscape (collage painting)          | <ul> <li>Learn about primary colours (red, blue and yellow) and secondary colours (orange, violet and green)</li> <li>Improve their self confidence by directly using colours for creating the artwork.</li> </ul> |
|   |           | 2.Tie and Dye (on handkerchief)         | <ul> <li>Learn eye-hand coordination skill</li> <li>Create different visual patterns on the handkerchief.</li> <li>Develop designing sense.</li> <li>Learn this new technique of designing fabrics.</li> </ul>     |
|   | October   | 1.Composition (topic: Picnic)           | <ul> <li>Learn pencil drawing skills.</li> <li>Create a suitable composition using their creativity and imaginative skills.</li> </ul>   |

|          | 2.Clay work (making different animals)                         | <ul> <li>Develop 3D effect on objects and animal forms.</li> <li>Learn the tactile quality of both synthetic and natural clay.</li> <li>Learn proportion for creating objects and animal form.</li> </ul> |
|----------|--|---|
| November | 1.Festival Activity (Diwali decorations)                       | <ul> <li>Create different types of Diwali decorations.</li> <li>Learn paper folding, cutting and pasting skills.</li> </ul>   |
|          | 2. Festival Card   | <ul> <li>Learn various types of paper cutting, pasting and folding skills.</li> <li>Learn drawing, painting and decorating techniques.</li> </ul>   |
| December | 1.Festival Activity<br>(Christmas and New<br>year decorations) | <ul> <li>Create different types of decorations.</li> <li>Learn paper folding, cutting and pasting skills.</li> </ul>  |
|          | 2.New Year's Card  | <ul> <li>Learn various types of paper cutting, pasting and folding skills.</li> <li>Learn drawing, painting and decorating techniques.</li> </ul>   |
| January  | 1.Foil Craft   | <ul> <li>Create different forms using foil paper.</li> <li>Learn handling and reshaping of foil paper.</li> <li>Learn animal forms.</li> </ul>  |
|          | 2.Composition<br>(coloured) (topic:<br>landscape etc.)         | <ul> <li>Learn drawing, painting and colouring skills.</li> <li>Create a suitable composition using their creativity and imaginative skills.</li> </ul>   |
|          | 3.Fancy Paper Bag  | <ul> <li>-Learn the importance and use of organic products in our daily life.</li> <li>Create paper bag reusing old newspapers.</li> </ul>  |
| February | 1.Stippling Art (using sketch pens)                            | <ul> <li>Learn the use of multicoloured pigments<br/>to create the composition.</li> <li>Learn this type of painting technique.</li> </ul>  |
|          | 2. Stencil work (paper and colour)                             | <ul> <li>Learn drawing and paper cutting skills.</li> <li>Develop their sense of control and patience while using the tools.</li> </ul>   |

| PHE | Month | Chapter | Learning Outcomes |
|-----|-------|---------|-------------------|
|-----|-------|---------|-------------------|

|       |  | The learners will be able to:   |
|-------|--|---|
| April | Free Hand Ex Mark Time Flat Catch Orthod ox Cup MATCH PRACTI CE Rules and Regulat ions | 1 Adopt and improve activity specific skills in a variety of individual pursuits Eg: Resistance Training Aerobics  2 Adopt and improve activity specific skills a variety of games.  3 Acquiring and developing skill  4 Improve catching skills  5 Improve co-ordination and agility |
| May   | Flat<br>catch<br>Reverse<br>Cup<br>Ground<br>Fielding                                  | 1. Apply and refine Locomotors Skills and concepts effort space and relationship to perform and create a variety of activities to improve Personal performance.  2 Acquiring and developing   |
|       | & REGUL ATION MATCH PRACTI   | skill 3 Improve catching skills 4 Improve co-ordination and agility 5 To develop the throwing and catching precision, control and fluency skills to outwit the batters using these skills.  |
| July  | FREE<br>HAND<br>EXERCI<br>SE'S   | 1. DEVELOP MOTOR ABILITY SKILLS  2. DEVELOP SENSE OF RHYTHM   |
|       | DRILL<br>PRACTI  | 3. DEVELOP COORDINATION ABILITY   |

|        | CE              | 4. To be leaved                           |
|--------|-----------------|---|
|        | (SPORT          | 4. To be know and understand              |
|        | S DAY)          | how to catch each delivery                |
|        | A <b></b> · · · | correctly in order to gain an             |
|        | ATHLET          | advantage.                                |
|        | ICS             | Ü   |
|        | SELECTI         | 5. To be able to perform the              |
|        | ON (            | skill of catching each type of            |
|        | SPORTS          | delivery and how it can be                |
|        | DAY)            | used to outwit the batters.               |
|        | ZIG-            | To incorporate catching into a small game |
|        | ZAG             | Silian Barrie                             |
|        | DRIBBLI         | 6. To develop the throwing                |
|        | NG              | and                                       |
|        | (FOOTB          | catching precision, control               |
|        | ALL)            | and fluency skills to gain an             |
|        |                 | advantage.                                |
|        | FLAT            |   |
|        | LOW             |   |
|        | CATCH           |   |
|        | (CRICKE         |   |
|        | T)              |   |
|        | DI II EC        |   |
|        | RULES           |   |
|        | &<br>REGUL      |   |
|        | ATION           |   |
|        | ATION           |   |
|        | MATCH           |   |
|        | PRACTI          |   |
|        | CE              |   |
|        |                 |   |
| August | FREE            | 1 Develop Strength                        |
|        | HAND            |   |
|        | EXERCI          | 2 Develop flexibility                     |
|        | SE'S            | 0 D. d. 199 1                             |
|        | DRUI            | 3. Develop equilibrium                    |
|        | DRILL           | 4 Domonstrato proper                      |
|        | PRACTI<br>CE    | 4.Demonstrate proper etiquette and good   |
|        | (SPORT          | sportsmanship                             |
|        | S DAY)          | aportamunamp                              |
|        | ,,              | 5. Discuss issues related to              |
|        | ATHLET          | positive athletic / active                |
|        | ICS             | living role.                              |
|        | SELECTI         |   |
|        | ON (            | 6. Demonstrate etiquette                  |
|        | SPORTS          | and fair play.                            |
|        | DAY)            |   |
|        |                 | 7. To use a variety of throw              |
|        | Dago 3          | <b>6</b> of <b>30</b>                     |

|           | _                |  |
|-----------|------------------|--|
|           | HIGH             | and  |
|           | CATCH            | catches and skills                             |
|           | (CRICKE          |  |
|           | T)               |  |
|           |                  |  |
|           | FLAT             |  |
|           | CATCH            |  |
|           | (CRICKE          |  |
|           | Т)               |  |
|           | RULES            |  |
|           | &                |  |
|           | REGUL            |  |
|           | ATION            |  |
|           | 7111011          |  |
|           | MATCH            |  |
|           | PRACTI           |  |
|           | CE               |  |
| September | Footbal          | 1 To be able to show basic                     |
| •         | 1                | control skills including                       |
|           | Dribbli          | sending and receiving the                      |
|           | ng and           | ball.  |
|           | Zig Zag          |  |
|           | Dribbli          | 2 To dribble in different                      |
|           | ng               | directions using different                     |
|           |                  | parts of their feet.                           |
|           | Push             |  |
|           | Pass             | 3 To implement the basic                       |
|           |                  | rules of football.                             |
|           | Rules            |  |
|           | and              | 4 Demonstrate proper                           |
|           | regulati         | etiquette and good                             |
|           | ons              | sportsmanship                                  |
|           |                  |  |
|           | MATCH            |  |
|           | PRACTI           |  |
|           | CE               |  |
| Ostobor   | CELECTI          | 1 To send the ball with                        |
| October   | SELECTI<br>ON OF |  |
|           | SPORTS           | some accuracy to maintain possession and build |
|           | DAY              | attacking play.                                |
|           | EVENT            | accacking play.                                |
|           | C A CIAI         | 2 To Pass for distance                         |
|           | PUSH             | To Evaluate skills to aid                      |
|           | PASS             | improvement.                                   |
|           | (FOOTB           |  |
|           | ALL)             | 3 To develop a range of                        |
|           | · <b>-</b> ,     | skills to use in isolation and                 |
|           | FRONT            | in a competitive context                       |
|           | FOOT             |  |
| <u> </u>  | Page 2           |  |

| 1 |          |         |   |
|---|----------|---------|---|
|   |          | DEFENC  | 4 To use basic skills with                      |
|   |          | E       | more consistency including                      |
|   |          | (CRICKE | striking a batting.                             |
|   |          | Т)      |   |
|   |          |         | 5 To be able some of the                        |
|   |          | FRONT   | basic rules of cricket                          |
|   |          | FOOT    |   |
|   |          | DRIVE   | 6 Demonstrate proper                            |
|   |          | (CRICKE | etiquette and good                              |
|   |          | Т)      | sportsmanship                                   |
|   |          | RULES   |   |
|   |          | &       |   |
|   |          | REGUL   |   |
|   |          | ATION   |   |
|   |          | ATION   |   |
| - | November | FULL    | 1 Children also learn how                       |
|   |          | SPORTS  | to cope in a competitive                        |
|   |          | DAY     | environment as well as                          |
|   |          | PRACTI  | learning all about winning                      |
|   |          | CE      | and losing; these are                           |
|   |          |         | important life skills to                        |
|   |          | DRIBBLI | assimilate in preparation                       |
|   |          | NG      | for the working                                 |
|   |          | (BASKE  | environment.                                    |
|   |          | TBALL)  |   |
|   |          |         | 2 Understand basic                              |
|   |          | FREE    | basketball rules,                               |
|   |          | SHOT    | terminology, and safety                         |
|   |          | (BASKE  | concerns.                                       |
|   |          | TBALL)  | 3 Demonstrate the six basic                     |
|   |          |         | basketball skills of running,                   |
|   |          | SHOOTI  | jumping, passing,                               |
|   |          | NG      | catching, dribbling, and                        |
|   |          | (FOOTB  | shooting.                                       |
|   |          | ALL)    |   |
|   |          |         | 4 Demonstrate the ability                       |
|   |          | RULES   | to perform team offensive                       |
|   |          | &       | and defensive skills and                        |
|   |          | REGUL   | strategies.                                     |
|   |          | ATION   |   |
|   |          | DAATO:: | 5. Understand and apply                         |
|   |          | MATCH   | the knowledge of basic                          |
|   |          | PRACTI  | rules of basketball.                            |
|   |          | CE      | C Damanstrata and                               |
|   |          |         | 6. Demonstrate proper                           |
|   |          |         | etiquette and good                              |
| - | December |         | sportsmanship.                                  |
|   | December | FORWA   | 1 To link together a range                      |
|   |          | RD      | 1 To link together a range of skills and use in |
|   |          |         | 8 of 30   |
|   |          | Page 1  | 6 () 5H   |

|     |          | DEFENC             | combination  |
|-----|----------|--------------------|--|
|     |          | E<br>(CRICKE<br>T) | 2 To collaborate as a team to choose, use and adapt      |
|     |          | FORWA              | rules in games.  |
|     |          | RD                 | 3 To recognise how some                                  |
|     |          | DRIVE              | aspects of fitness apply to                              |
|     |          | (CRICKE<br>T)      | cricket e.g. power,<br>flexibility and                   |
|     |          | -,                 | cardiovascular endurance                                 |
|     |          | GAME<br>SITUATI    | 4 To use a range of tastics                              |
|     |          | ON                 | 4 To use a range of tactics for attacking and defending  |
|     |          | RULES              | in role of bowler, batter                                |
|     |          | &<br>REGUL         | and fielder  |
|     |          | ATION              |  |
|     |          | DAATCH.            |  |
|     |          | MATCH<br>PRACTI    |  |
|     |          | CE                 |  |
| J   | January  | CIRCUIT<br>TRAINI  | 1 Aims at continuous professional development            |
|     |          | NG                 | for all professionals                                    |
|     |          |                    | belonging to different                                   |
|     |          | FUN<br>GAMES       | backgrounds.   |
|     |          |                    | 2 Participants acquire                                   |
|     |          | ASSESS<br>MENT     | practical skills and thorough understanding of           |
|     |          | OF                 | the basics of adult learning                             |
|     |          | SKILLS             | theory.  |
|     |          | RULES              | 3 Will help the participants                             |
|     |          | &                  | to develop the approaches                                |
|     |          | REGUL<br>ATION     | to identify the needs of the learners as per their skill |
|     |          | ATION              | set, develop their own                                   |
|     |          | MATCH              | resources and then design                                |
|     |          | PRACTI<br>CE       | a training program accordingly.                          |
|     |          |                    |  |
|     |          |                    | 4. Develop and demonstrate mastery of                    |
|     |          |                    | training and facilitation                                |
|     |          |                    | through multiple practice                                |
|     |          |                    | deliveries and individualized feedback                   |
|     |          |                    | and analysis.  |
| [ ] | February | FREE               | 1 Improved memory  |

| H/ | AND capacity                   |
|----|--------------------------------|
| EX | ERCI                           |
| SE | 'S 2 Motivates and engages     |
|    | students                       |
| FU | IN                             |
| GA | AME 3 Better hand-eye          |
|    | coordination                   |
| CH | IEST                           |
| PA | ASS 4 Opportunities for skill- |
| (B | ASKE building                  |
| TB | SALL)                          |
|    | 5 Stimulates faster            |
| RU | JLES strategic thinking &      |
| &  | problem-solving:               |
| RE | GUL                            |
| A1 | TION                           |
|    |                                |
| M  | ATCH                           |
| PF | ACTI                           |
| CE |                                |